

Pray the Rosary with

Marie-Catherine de Saint-Augustin



In this section, you will find meditations on the Mysteries of the Rosary, related to the life of Marie-Catherine de Saint-Augustin. As the Virgin Mary was very present in the life of Sister Marie-Catherine from a very young age, it is good to be inspired by this great Marian devotion to lead children or adults to love and cherish Our Heavenly Mother. You will also find coloring drawings of Marie-Catherine and the Virgin Mary.

Blessed Virgin, may we also trust in you like Marie-Catherine de Saint-Augustin, and may we surrender to Jesus and do the Father's Will with your help, always having a great devotion to your Immaculate Heart, which always takes care to lead us to your Son. Amen.

Joyful Mysteries

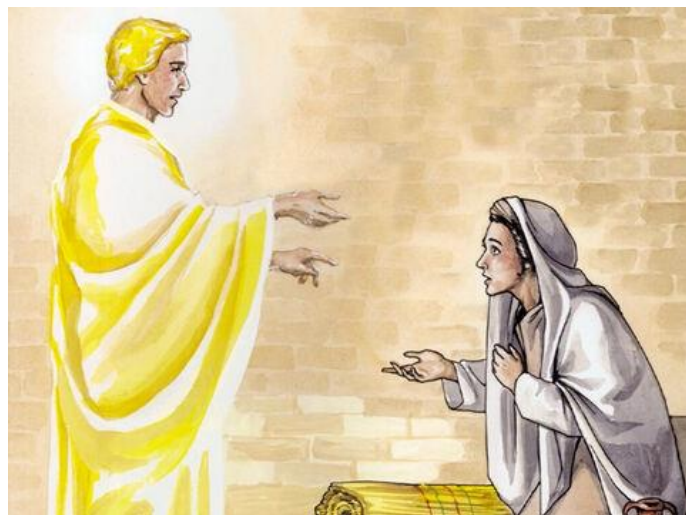
First joyful mystery: the Annonciation

Fruit of the mystery: Humility

Reading in the Gospel: [Luke 1, 26-38.](#)

The Virgin Mary replied, "I am the handmaid of the Lord; let it be done to me according to Your word! Mary is ready to welcome within herself God's plan for the salvation of the world, so long awaited by Israel. She is humble because she does not boast of being chosen to be the Mother of Jesus; she is humble in her obedience to doing God's will.

Sister Marie-Catherine is also humble. She keeps God's ways about her secret, she does not speak or boast to others about the graces God gives her, the visions she has of the Saints of Paradise, etc. Those who were with her had noticed that she did not hesitate to acknowledge her faults with admirable humility, and that everything of which she accused herself is well believed of her. She also confides in her spiritual director with great humility. Mother Saint-Bonaventure, Sister Marie-Catherine's superior, said that "(...) what is remarkable is that her humility was so skilful in hiding itself, even from our eyes, that we did not know anything until after her death of all that was of these extraordinary graces of God over her (...)" (Ragueneau p.52 and 198)



(Paula Nash Giltner, Good News Productions International and College Press Publishing.)

Second joyful mystery: the Visitation

Fruit of the mystery: Fraternal charity

Reading in the Gospel: [Luke 1, 39-45.](#)

The Virgin Mary immediately visited her cousin Elizabeth and stayed to help her for three months, until the birth of Saint John the Baptist. Her charity leads her to leave without delay, to meet the other, and to come and help her cousin!

Little Marie-Catherine had learned charity at a very young age, because in her grandmother's house, the poor and the sick were taken there, as in a small hospital. When she became an Augustinian Sister, Marie-Catherine served and cared for the poor with great charity, *"wholeheartedly helping anyone, even the most repulsive people, attending to their needs. (...) What she suffered for the souls in Purgatory and for the Sinners, for whom she had offered herself so generously to God (...) is a proof of the charity of her heart (...)* (Ragueneau p.53).



(Paula Nash Giltner, Good News Productions International and College Press Publishing.)

Third joyful mystery: the Nativity

Fruit of the mystery: The spirit of poverty

Reading in the Gospel: [Luke 2, 1-20.](#)

The Infant Jesus is born of Mary in a poor, cold and dark stable. Wrapped in swaddling clothes, the Blessed Virgin lays her newborn Child on the straw of a manger. What a palace for a King! On Christmas Eve, Jesus, our Saviour, makes himself very small and is born as the Poor of the Poor. And it is indeed poor shepherds who will be the first to come to see Him. He shows us the detachment from things in the poverty of His birth. God shares His only Son with the world, because He loves us.



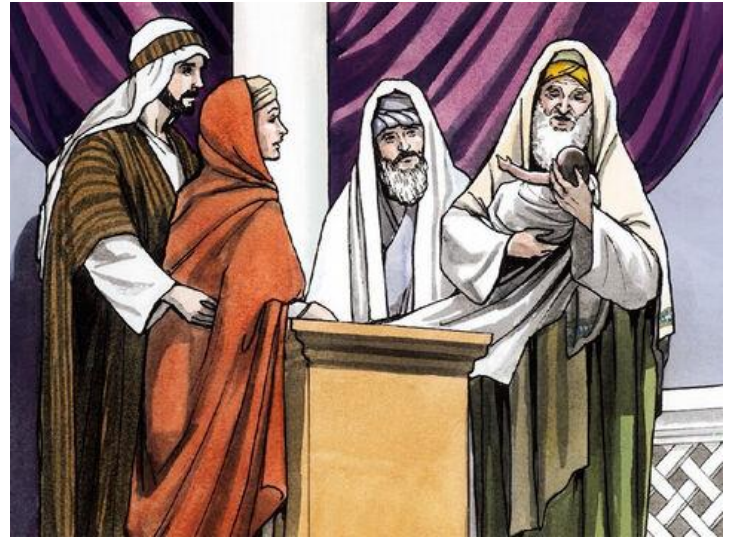
Little Catherine often liked to give her meals to the poor who came to the house and asked permission from the Blessed Virgin (Ragueneau p.24). When she decided to leave for Canada, she made "the resolution to leave everything, relatives, friends and France itself; to go to Canada where she had no knowledge and where she knew that there was much to suffer. (Ragueneau p.35)

Fourth joyful mystery: the Presentation at the temple

Fruit of the mystery: Obedience and Purity

Reading in the Gospel: [Luke 2, 22-40](#)

Forty days after his birth, Jesus is presented and consecrated to the Lord, in the Temple of Jerusalem by Mary and Joseph, as well as for purification, in obedience to what the law of Moses requires. The Holy Family shows us the importance of obeying our God as well as the importance of purity, in a world where it is difficult to remain attached to it.



(Paula Nash Giltner, Good News Productions International and College Press Publishing.)

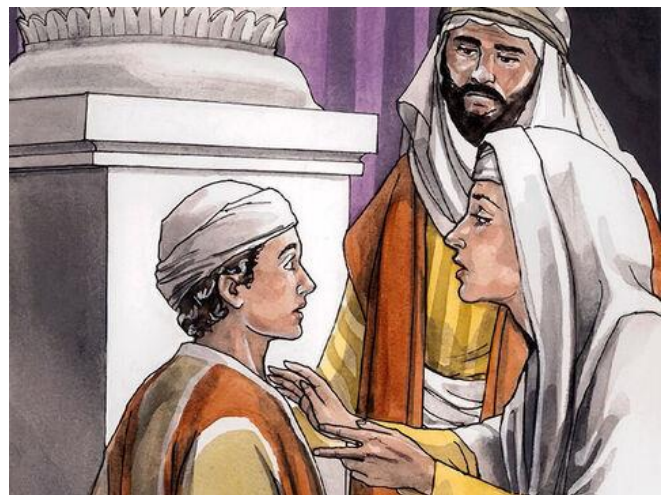
Obedience is agreeing to follow the rules, for example when our parents ask us for something. Sister Marie-Catherine was very obedient in all things. Obedience was not difficult for her, and she said that "nothing should stop us in obedience, since Jesus Christ had obeyed the decree of Pilate, though the most unjust in the world; having looked only at the Will of his Father" (Ragueneau p.53). When Marie-Catherine, at the age of 10, consecrated herself to the Blessed Virgin, she said to her, "I offer you the desire I have to preserve myself in complete purity all my life. Help me, Blessed Virgin, in this resolution, remove all impurity from my heart. (...) (Ragueneau p.29). You too can ask the Blessed Virgin to help you stay pure in the world.

Fifth joyful mystery: The finding of Jesus in the temple

Fruit of the mystery: The search for Our Lord Jesus in all things

Reading in the Gospel: [Luke 2, 41-52](#)

When Mary and Joseph are on their way back to Nazareth after the pilgrimage of the Feast of Passover, they realize that Jesus is not with them! It was at the end of three days that they found him in the Temple of Jerusalem, seated amid the doctors of the Law. Mary and Joseph had been very afraid. Jesus, who was twelve years old, already had the desire to take care of the affairs of God His Father.



(Paula Nash Giltner, Good News Productions International and College Press Publishing.)

At the age of twelve after receiving Communion, Marie-Catherine resolved to become a Sister because that is what the Father wanted from her (Ragueneau p.31). All her life, she was always looking to do the Will of God. May we too be in search of Jesus in all that we do and ask Him for the grace not to lose Him. And to ask Mary also to seek Jesus with her, because she will always help us to find Him.

Sorrowful Mysteries:

The first sorrowful mystery: The Agony in Gethsemane

Fruit of mystery: Regret for our faults

Reading in the Gospel: Matthew 26, 36-46

After having the Last Supper and singing the psalms, Jesus withdrew with His disciples to the Garden of Olives to pray. He knew that His sorrowful Passion would soon begin and prayed to His Father to help Him. His sadness and anguish grow. Jesus lives pain and loneliness at the thought of what He will soon experience. But the love of Jesus is stronger, He is willing to give Himself up for us and bear all the sins of the world upon Himself.



(Jan van 't Hoff/Gospelimages.com)

When Marie-Catherine renews her consecration to the Blessed Virgin, she asks her for the grace to always be sorry for having committed sins. And she abhors sin and knows that this is what hurts Jesus. "I found myself overwhelmed by the intolerable weight of so many crimes that I saw (...)". In her humility, she recognizes that she is a sinful soul; she said then, seeing her lack of love for the Holy Spirit, "regret has taken such a strong hold of my heart." (Ragueneau p.34 and 91)

Second sorrowful mystery: the scourging

Fruit of the mystery: The mortification of the senses

Reading in the Gospel: Mark 15, 11-15

Betrayed by Judas, Jesus is taken before Caiaphas and then before the governor Pontius Pilate. Even though he knows that Jesus did nothing wrong, he will have Jesus whipped to calm the wicked crowd. Jesus suffered a lot from these horrible whiplashes, but because He loves us, accepts them. Mary is surely close and suffers from seeing her Son in pain.



(John Paul Stanley / <https://www.yoplace.com/>)

Little Catherine wanted to suffer for others from the age of three. She understood, when she saw Father Malherbe telling a poor sick man to offer his sufferings for his mother, who did not love Jesus enough, that it pleases God when we endure and offer our sufferings and pray for our neighbor, for the souls of those who need it most. She asked Mary that when she had to suffer, let it be for others and not for herself. Father Malherbe also said to him, "Our Lord Jesus had done nothing wrong, and yet he suffered so much." Catherine had suffered a lot during her religious life, and she offered it, helping many souls, many sinners. (Ragueneau p.23-24)

Third sorrowful mystery: the Crowning with Thorns

Fruit of the mystery: Mortification of the spirit

Reading in the Gospel: [Matthew 27, 27-31](#)

The soldiers mock Jesus, insult him and make a crown of thorns that they thrust into his head and wound him terribly. Jesus accepts with great love the cruel treatment inflicted on him. It is for us that Jesus endures mockery, malice, spitting, beatings.



<https://videobible.com/>

Little Marie-Catherine asks Virgin Mary that every day of her life, she may die to herself, to her desires and inclinations. This means that sometimes we will try to do something that we don't like for Jesus, and then He will help souls with our small effort. Jesus would later say to Sister Marie-Catherine: "Know also that when you suffer for sinners, you give me great pleasure, as if at the time of my Passion you had wiped with a pure and clean cloth the spittle that covered my face, and with a balm you had rubbed my wounds and my stripes." (Ragueneau p.29 and p.101)

Fourth sorrowful mystery: Jesus carries His Cross

Fruit of the mystery: Patience in trials

Reading in the Gospel: [John 19, 16-17](#) or [Mark 15, 20-22](#)

Jesus, already weak because of the cruel treatment he had received from the soldiers, was loaded with his heavy Cross and had to go up to Golgotha to be crucified. Simon of Cyrene was asked to help Jesus carry the Cross because He could not take it anymore. He falls several times and passers-by on the paths still mock Him.



(Jan van 't Hoff/ Gospelimages.com)

Sister Marie-Catherine had many crosses to carry in her life; she has always been sick but did not complain in her sufferings and illness and did not seek relief. Rather, she wanted patience when she had to bear, like Jesus, crosses, small sufferings. Marie-Catherine was ready to do and suffer whatever God asked of her. (Ragueneau p.45-46)

Fifth sorrowful mystery: the death of Jesus on the Cross

Fruit of the mystery: The love of God and the salvation of souls

Reading in the Gospel: [Luke 23, 33-47](#) or [John 19, 18-37](#)

Jesus is stripped of his clothes and crucified. It is out of love for us that He dies on the Cross. Mary, His mother, always remains with Him, near the Cross. Jesus agreed to die for us, even knowing that there are many people today who do not care about Jesus, who do not want Him and who do not love Him.

Sister Marie-Catherine was very united to the Cross all her life, because she suffered a lot. By carrying our crosses, we become like Jesus, and we even help him to carry his Cross, a bit like Simon of Cyrene. Marie-Catherine's whole life was nothing but a chain of crosses, which she accepted well for the salvation of souls. (Ragueneau p.152)



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Glorious Mysteries:

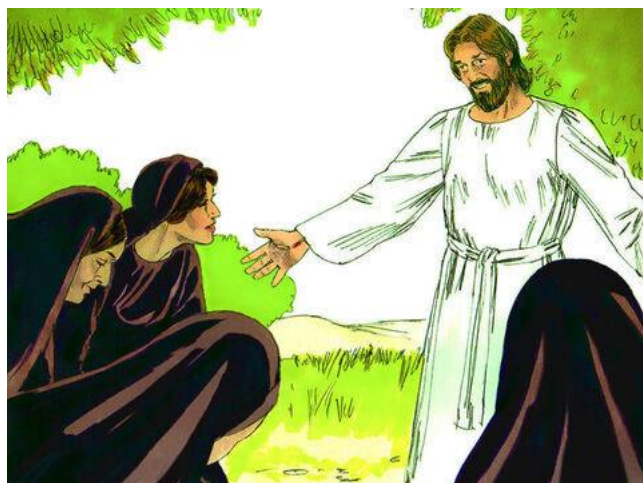
First glorious mystery: The Resurrection

Fruit of the mystery: Faith

Reading in the Gospel: [John 20, 1-18](#)

It is God's victory over death! Christ has come back to life. It is also the Love of God that wins the victory. Jesus is no longer in the tomb. Yes, the disciples were afraid, but now Jesus has returned.

Marie-Catherine liked to say that "when you have put your trust in the One who can do all things, Jesus, you don't encounter so many difficulties." She only wanted to be led by the spirit of faith. (Ragueneau p.45 and p.14)



(Jan van 't Hoff/gospelimages.com)

Second glorious mystery: The Ascension

Fruit of the mystery: Desire for Heaven

Reading in the Gospel: [Act of the Apostles 1, 9-11](#)

After being resurrected and spending time with his disciples, Jesus returns with his Father. When they have received the Holy Spirit that Jesus promised them, they will now be ready to go and tell the people around them about the Good News.

When Catherine made her First Communion at the age of eight, she now knew that God wanted her to be a saint one day. That is why she wanted to come to Canada so much. (Ragueneau p. 26; p.213)

Third glorious mystery: the Pentecost

Fruit of the mystery: Apostolic Zeal

Reading in the Gospel: [Act of the Apostles 2, 1-4](#)

The Apostles receive the Holy Spirit promised by Jesus, as a friend who will give them strength and courage to go everywhere on earth and talk about what Jesus taught them. They speak many languages and praise God! Mary is there with them.



(Paula Nash Giltner, Good News Productions International and College Press Publishing.)

Sister Marie-Catherine also went to speak of Jesus, like the apostles; that is why she leaves everything and comes to Canada. As a good nurse, she shows Jesus' love for all by caring for them. The Holy Spirit takes a special place in her. The Blessed Virgin gives Marie-Catherine as the Bride of the Holy Spirit. (Ragueneau p.90)

Fourth glorious mystery: the Assumption of Mary into heaven

Fruit of the mystery: Having a good death

Reading in the Gospel: [Luke 1, 48-49](#)

After the death of Mary, God made her ascend body and soul to Heaven, for she is very special. Jesus thus finds in Heaven the one who was his tender mother!

When Sister Marie-Catherine died, all the people knew that she would be a great saint in Heaven. In some visions, she repeatedly sees her place in Heaven. Sister Marie-Catherine also sees the glory of the Assumption of the Blessed Virgin Mary, who was taken up to Heaven with great majesty accompanied by many angels who sang magnificent songs. (p.89)



Image de Jardel Bassi. Une image générée avec l'intelligence artificielle. (s.d.)
The Assumption of Mother Mary in a Heavenly image. Freepik.

Fifth glorious mystery: the crowning of Mary in Heaven

Fruit of the Mystery: A Great Devotion to Mary

Reading in the Gospel: [Revelation 12,1](#)

The Virgin Mary, so beautiful and so perfect, is crowned. She is the Queen of Heaven and earth; she watches over us and pours showers of grace on those who ask her with confidence in prayer. She has a special place near her Son in Heaven! Our Mother watches over us.

Marie-Catherine de Saint-Augustin has always had a great devotion to the Virgin Mary. Since she was a little girl, she used to play and talk with a statue of the Virgin Mary that Grandma gave her as a gift and brought to Canada. She asked permission to sometimes bring her meals to the poor and asked her that her sufferings could be lived to help others. The prayer of the rosary sustained Sister Marie-Catherine in her sufferings and the Virgin granted her to do the Will of God well.



Le couronnement de la Vierge. Louis-Édouard Fournier (1857-1917).

Luminous Mysteries:

First luminous mystery: the baptism of Jesus

Fruit of the mystery: Fidelity to the promises of baptism

Reading in the Gospel: Matthew 3, 13-17

Jesus begins his mission by being baptized by his cousin John the Baptist. The Holy Spirit, like a dove, descends and the voice of God is heard saying: "This is my beloved Son, with whom I am well pleased."

Sister Marie-Catherine lived her life to the fullest in the graces of her baptism.



(Jim Padgett, Sweet Publishing/ <https://www.freebibleimages.org/>)

Second luminous mystery: the wedding at Cana

Fruit of the mystery: Trust in Mary

Reading in the Gospel: John 2, 1-11

At Mary's request, Jesus will perform His first miracle at a wedding; He changes water into wine. The bride and groom and the guests are happy and will therefore lack nothing.

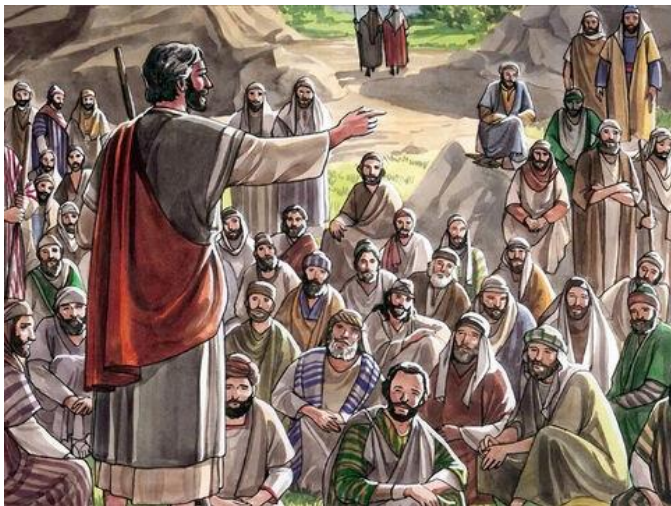
It pleases Jesus when we ask for graces through Mary His Mother. She continues to do as she did at the wedding at Cana. She prays for us, because she is our Mother too.



(Paula Nash Giltner, Good News Productions International and College Press Publishing.)

Sister Marie-Catherine always trusted Mary. On the boat, when she was sick to death, she prayed to the Blessed Virgin with the trust of a child in her good mother. (Ragueneau p.40)

Third luminous mystery: the Proclamation of the Kingdom



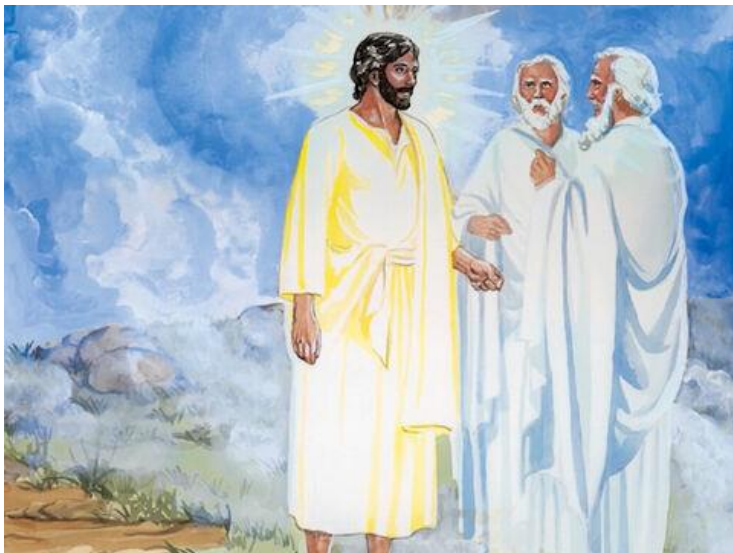
(Paula Nash Giltner, Good News Productions International and College Press Publishing.)

Fruit of the mystery: Conversion

Reading in the Gospel: [Matthew 4, 12-17](#)

Jesus calls people to convert, to follow Him because He is the Good News and the Light of the world.

Catherine often prayed for the conversion of souls, she often offered sacrifices so that those who needed prayer and who did not love Jesus could come to Him. She had even asked for a special grace: "that all those who die in our Hospital while I am in care, may none die without the grace of God." (Ragueneau p.152)



(Paula Nash Giltner, Good News Productions International and College Press Publishing.)

Fourth luminous mystery: the Transfiguration

Fruit of the mystery: The grace of an interior life

Reading in the Gospel: [Luke 9, 28-35](#)

Jesus is shown to three of his disciples, Peter, John and James, full of glory and all dressed in bright white. As at His baptism, a voice is heard saying, "**This is my beloved Son. Listen to Him!**".

Sister Marie-Catherine said that Contemplation (silent prayer in the presence of Jesus) is the source of all virtues (a virtue is a good habit that

makes us more like Jesus). It invites us to pray as Jesus prayed. He often went away into the mountains to pray in silence to His Father; we too need to get in silence to speak to God our Father.



Fifth luminous mystery: the Eucharist

Fruit of the mystery: Devotion to the Blessed Sacrament

Reading in the Gospel: [Matthew 26, 26-29](#)

In a great act of love, Jesus gives his Body and Blood at the Last Supper, just before living His Passion. **Take and eat, this is my Body. Take and drink, for this is my Blood.** It's no longer bread,

it's Jesus. It's no longer wine, it's Jesus. By receiving Holy Communion, this is what we live at Mass every Sunday. It is a precious treasure of love.

Catherine has a great love for the Blessed Sacrament, Jesus in the Eucharist. She says of Communion: "So this is all our joy, in sorrows and in crosses." With great courage, she volunteered to save, alone, the Holy Hosts in the event of a surprise attack from Native on the Monastery. (Ragueneau p.48)

Our Lady is our model when we go to Communion because she carried Jesus within her, and we carry Him in our hearts and souls.



Emmanuel Garand

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